

FMT 702 Application of Biblical Counseling

Front Range Bible Institute, Spring Quarter 2015

Robert Zietlow, Instructor

Course Outline and Description

I. Course Description and Requirements

A. Description: this course is designed (along with FMT 701) to teach Christians how they can effectively disciple others by using the truths of God's Word to lead people into a proper and holy relationship with the Lord. This course is built upon the foundational pre-supposition that God's Word is the highest and sole authority on the human soul (i.e., mind, heart, the whole person). This course will also seek to examine and expose the basic errors of secular psychology and why it is that Christians should not attempt to "integrate" secular psychological views with the Bible. This approach to counseling which uses the Bible alone is called "Biblical Counseling" and often times is also called by the label "Nouthetic Counseling" (coming from the Greek verb noutheteo: to admonish, counsel). This class will seek to touch on the following subjects: Anxiety, Biblical View of Self, Church Discipline, Overcoming Evil with Good, Decision Making & The Will of God, Anger, Guilt, Life Dominating Sins, Trials & Suffering, Depression & Discouragement, Sexual Sin, Biblical Principles of Sex, Marriage & Family, Communication & Conflict Resolution, Biblical View of One's Past

B. Materials and Requirements

1. Attend lectures and be prepared for discussion and interaction in class
2. Read the following materials & turn in reading assignments:
 - a) Jay Adams: *The Christian Counselor's Manual*
 - b) Wayne A. Mack: *A Homework Manual for Biblical Living (Volume 1)*
 - c) Wayne A. Mack: *A Homework Manual for Biblical Living (Volume 2)*
 - d) Recommended, but not required
 - Jay Adams: *Competent to Counsel*
 - John MacArthur: *Our Sufficiency in Christ*
 - John MacArthur and Wayne Mack: *Introduction to Biblical Counseling*
 - Ed Bulkley: *Why Christians Can't Trust Psychology*
 - CCEF's (www.ccef.org) *The Journal of Biblical Counseling*

C. Grading

1. 33%: Completion of Read
2. 34%: Lecture Summaries
3. 33%: Homework Assignments from HM

D. Assignments

1. Reading Assignment

Assigned Reading Report Instructions:

- Read The Christian Counselor's Manual and turn in a 5 page report. Type out your answers to the following questions. Please give concise but relevant answers to the questions. It may be helpful to keep an index card handy while reading the material.

- Questions to be answered on each assignment
 1. Did you read all the assignments? Yes _____, No _____. If no, indicate the percentage read _____.
 2. What important principles did you see concerning the Christian life? (Please summarize them.)
 3. Was there anything you disagreed with or had questions about? If so, what?
 4. What were the most significant challenges or lessons you learned for your own life from the reading assignments?
 5. How can you use this book in your future ministry?
 6. Was there someone you encouraged with what you have learned? If so, please explain.

- 2. Lecture Summaries
 - A 3-page summary of the class will be required 3 times during the semester. The summary will include information that was most impactful to you from the class lectures and how that information can be applied to your present and/or future ministry.

- 3. Homework Assignments for A Homework Manuel for Biblical Living
A Homework Manuel for Biblical Living (volumes 1 & 2)
 - You will turn in 3 homework assignments of your choosing. This is designed to help you “counsel yourself” and become familiar with how to use this book in others lives as you see to counsel them.

II. Course Schedule
Date

Assignments Due

March 30th	1 st Night of Class
April 7th	
April 14th	No Class
April 21st	1 st Lecture Summary Due 1 st Homework Assignment Due
April 28th	
May 5th	
May 12th	2 nd Lecture Summary Due 2 nd Homework Assignment Due
May 19th	
May 26th	
June 2nd	
June 10th	3 rd Lecture Summary Due

3rd Homework Assignment Due
Reading Assignment Due